



Evergreen Health's one-stop-shop for supportive services for people who are living with HIV.

YouPLUS is a new Evergreen program that combines several former HIV programs into a one-stop-shop of services designed with YOU in mind.

YouPLUS is here to help you overcome any barriers that are in the way of your health and wellness. **YouPLUS** streamlines all of your supportive services under one program so that you can receive any or all of the included services without having to enroll in a new program or fill out more paperwork.

What services are included in YouPLUS?

YouPLUS services include:

- non-medical case management
- medical transportation
- housing support (short term and long term)
- health education
- nutrition & food support
- peer support & groups

Read more about each service on the back of this page.

How can I get enrolled with YouPLUS?

Just give us a call at 716.847.2441 and press option 6, and let us know you want to enroll in **YouPLUS**. Services are available at our 206 S. Elmwood location, and will also be coming to our Jamestown location soon in 2025.

Do I have to enroll in all the services available in YouPLUS?

We will work with you to determine what services can benefit you, and we'll periodically re-assess with you to determine if more support is needed. If you need to enroll in additional services, our staff will help — no need to fill out more paperwork.

YouPLUS Services

Non-Medical Case Management (NMCM)

Non-medical case management is here to help you identify any barriers that are keeping you from getting the services you need, and help you overcome these barriers and get connected to services.

You'll meet with your service coordinator periodically to re-assess if more support is needed. You can meet face-to-face, at home, or get an appointment escort.

Our Community Health Worker can also help you with appointment reminders, scheduling, **YouPLUS** program orientation, and more.

Housing Assistance

We offer a 24-month rental subsidy program for people who need short-term help due to financial challenges but have a plan in place to increase income over time.

To access this short-term housing service, you must be able to present a plan to increase your income by the end of the 24-month period. This service typically has a waiting list.

If you need housing support and don't know how you will increase your income, we can connect you to other housing programs. Our team will work to determine which housing support is right for you, including emergency housing assistance.

Emergency Financial Assistance (EFA)

YouPLUS can help you pay past due rental and utility arrears to avoid shutoff and stay in your current housing. We offer one-time per person services including an emergency food purchase, hygiene bags, household bags, and move-in kits for those entering stable housing.

Transportation Assistance

YouPLUS offers non-emergency medical transportation assistance to help you get to eligible appointments. Your service coordinator will work with you to determine which transportation services you're eligible for, including monthly or daily bus passes, gas card reimbursement and paratransit services.

Health Education

Our team understands the unique health and wellness needs of people who are living with HIV and the barriers they might face while trying to access healthcare. Our team is here to help you navigate the healthcare system and supportive services system to make sure your needs and goals are met.

We offer group education sessions throughout each month on health topics including living with HIV and other co-occurring medical diagnoses, managing stress, healthy cooking demonstrations, developing SMART goals, the importance of nutrition, and more.

You will be eligible to receive a \$25 gift card for attending group sessions. We also offer individual health education sessions if you aren't interested in group participation (individual sessions aren't eligible for a gift card).

Peer-led Social Support

Join a peer-led support group to connect with peers who share your experience of living with HIV to support each other through the ups and downs. You're welcome to talk about your experiences or just listen to others.

Our Peer Community Health Worker and health educators will facilitate group sessions and help you learn about self advocacy, confidence, community support and other topics.

Nutrition and Food Support

If you're experiencing food insecurity or worried about getting enough healthy food to eat, we're here to help. We understand how important healthy nutrition is for the health of people living with HIV, and we can help you find resources to support your nutrition.

We can help you apply for SNAP benefits and find food pantries and other food services near you, including our in-house food pantry at 206 S. Elmwood.

Get in Touch Today

Getting enrolled in **YouPLUS** is easy. Call us at 716.847.2441 and press option 6 to talk with one of our team members about getting enrolled today.